

No Mud, No Lotus

Words and music by Charity Kahn, inspired by Thich Nhat Hanh

Performed by Charity and the JAMband

♩ = 120

F B \flat F F B \flat C F B \flat F

No mud, no lo-tus No dark, no light No winter, No springtime

F B \flat C F F C B \flat F F C B \flat C

No sorrow, no joy No compost, no flowers No tension, No ease.

F C B \flat F B \flat F C F F

No dy-ing, No transform. ing No clinging, No re - lease No darkness,

B \flat F F B \flat C F B \flat F F

no dawning No falling, no rising No sleeping, No a - wa-kening No birthing,

B \flat C F F C B \flat F F C B \flat C F C

no life No mud, No lo-tus No rain, no rainbow No stopping,

B \flat F B \flat F C F F C B \flat F F C

No turning No journey, no home No mud, no lo-tus No dark,

B \flat C F C B \flat F B \flat F C F

no light No winter, no springtime No sorrow, no joy