

I AM THE EARTH

Lyrics and Music by
Charity and the JAMband

Pictures and Everything Else by:

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The "I Am the Earth" song appears on the 2016 album
"EARTH", by artist "Charity and the JAMband".

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www.jamjamjam.com/i-am-the-earth
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Thank you!!!

I am the Earth and the Earth is me
I am the Earth and the Earth is me
I am the Earth and the Earth is me
I am the Earth and the Earth is me

I am the rocks and the rocks are me
I am the trees and the trees are me
I am the mountains, the mountains are me
I am the Earth and the Earth is me

I am the rain and the rain is me
I am the rivers and the rivers are me
I am the oceans, the oceans are me
I am the Earth and the Earth is me

I am the air and the air is me
I am the wind and the wind is me
I am the sky and the sky is me
I am the Earth and the Earth is me

It's the truth of interbeing
All things near and all things far
All things seen and all things unseen
We all inter-are

I am the fire and the fire is me
I am the sun and the sun is me
I am the stars and the stars are me
I am the light and the light is me

I am the people and the people are me
I am the creatures, the creatures are me
I am all beings, all beings are me
I am you and you are me

I am peace and peace is me
I am joy and joy is me
I am love and love is me
I am the Earth and the Earth is me

It's the truth of interbeing
All things near and all things far
All things seen and all things unseen
We all inter-are

I am the Earth and the Earth is me
I am the Earth and the Earth is me
I am the Earth and the Earth is me
I am the Earth and the Earth is me

This is the wisdom
That will spark our awakening
This is the medicine
To meet our suffering
It has the power
To heal and restore
This is the answer
We are looking for

Use the empty pages that follow
to draw or write about
your inter-connection with Earth
and all her aspects.

Is the Earth inside of you?
Is the Water inside of you?
Is the Air inside of you?
Is the Light inside of you?

What are some ways you
take care of Earth?
What are some ways you
take care of yourself?
How are these two acts
related?

We all inter-are!

Love,
Charity



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